What to Expect in This Course

6 Curriculum MODULES:

1. **A Thorough Understanding of our Shadow,** a term coined by the eminent psychiatrist, Dr. Carl G. Jung — what it is, how it is formed and what archetypes are in the psyche of us all.

2. **Repeating Patterns as Mirrors — how and why they occur.** You will learn empowering insights as to how to recognize your shadow in others and learn how to meet them half way.

3. **Complex Theory — Understanding How our Mother and Father Complexes** are involved in our relationship life. Our parents are in us and we are all like our parents whether we know it or not. This unconscious *participation mystique* drives us to repeat their marriage in our relationships.

4. **Who and why we fall in love in the first place** and how to remain conscious when you are going through that blissful, intoxicating experience. The masculine *(Anima)* and feminine *(Animus)* in all of us and how important it is to start a dialogue with our unconscious and invisible partners.

5. **Astrology, a Synchronistic Model — A Tool for Self-knowledge** as it shows us a blue print of our psyche. The 7th House in our birthchart in particular will describe your unique requirements in relationships. You will learn about the planets (archetypes) in your 7th House, the meaning of Venus in a particular House and Sign and how to do them together.

6. **Individuation — Becoming Who We are Meant to Be**. Jung gifted us with his analytical psychology concepts that can guide us in this endeavor. The process of integrating our own opposites through our shadow dance partners, will eventually lead us to what he called individuation — wholeness. Not goodness, wholeness.

Jung said,

> ## "I would rather be real than good."

You will find out who you are is Ordinary and Extraordinary and YOU are truly One of a Kind — a unique incarnation of the source of all that is. *This course is not just for couples. All relationships will improve when we learn about our shadow selves.* **An accurate birth time, date and place is required. We cannot see the chart without it.**