

# THE 7TH HOUSE MIRROR

*Why We Attract the Partners We Do*



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## Have you ever wondered why certain people appear in your life again and again — sometimes with different faces, yet carrying the same emotional pattern you cannot seem to escape?

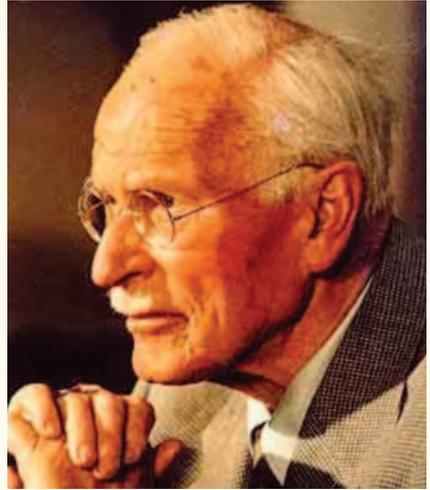
Astrology offers a profound insight into this mystery through the 7th house, the place in the birth chart that describes our experience of partnership. It is often called the house of marriage, but its deeper meaning is more symbolic. Far more than a description of the partner we want, the planets in this house or ruling it describe the archetypal pattern through which this experience unfolds.

### The Mirror of Relationship

The Swiss psychologist Carl Jung observed that much of what attracts us to another person originates in the unconscious.

In astrology, the 7th house represents the mirror of the self — the place where we encounter parts of our own psyche through another human being. In the language of Jungian depth psychology, the 7th house is where we encounter projections. Projection is seeing something in others that we do not recognize as ourselves. These projections are either too high or too low — *idealization or diminishment* — and carry an unmistakable emotional charge. Emotions, by the way, are not voluntary. When the intensity is disproportionate to the situation, we are in the realm of projection. The intensity we are feeling is charged with emotion because projection is the way the psyche knows it will get our attention.

Qualities that we have not yet fully developed or accepted within ourselves are often experienced as though they belong to the other person. We feel them, admire them, struggle against them, resent them, or depend too much upon a partner who carries them for us. In truth, we are often engaging with energies that live within our own nature albeit hidden in the unconscious. The 7th house does not simply describe “*the Other*.” It describes the relationship between the conscious self and the unconscious self. *And that is why relationships can be so transformative.*



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*“For two personalities to meet is like mixing two different chemical substances: if there is any combination at all, both are transformed.”*

— Carl G. Jung

CW 14: *Mysterium Coniunctionis*, Par. 249



*“Projections change  
the world into a replica  
of one’s own unknown face.”*

— Carl G. Jung

CW: 9ii, *AION, Researches into the  
Phenomenology of the Self*, Par. 17

## Why We Attract Certain People

One of Jung’s deepest insights about relationships was that it is not the conscious mind that projects or *“falls in love.”* It is our unconscious that projects itself out onto a suitable mirror. It does not happen through conscious choice, and it is actually quite rare. As we get older, it happens less often, but it does happen as no one completely knows themselves. Self-knowledge is a lifetime’s task. The strange paradox is this: we may feel both profoundly attracted to and simultaneously repelled by the same person.

Most people believe they choose partners based on personality, attraction, or shared interests. But from a psychological and astrological perspective, something deeper is often at work. The unconscious seeks wholeness. It constantly pushes us toward the integration of neglected or undeveloped parts of the personality.

One of the ways it accomplishes this is through our relationships. If someone has strong independence within their nature but suppresses it consciously, they may find themselves repeatedly attracted to bold, autonomous partners who are determined to keep their freedom. If someone carries unexpressed passion or intensity, they may encounter partners who embody those very qualities. In this way, the unconscious uses relationship as a living mirror. The people we meet in partnership often reflect the energies that our soul is asking us to recognize and integrate.

## What is happening?

Often, we are slowly through repetition becoming aware that what we experienced as belonging entirely to the other person *also lives within ourselves*. Projection dissolves as consciousness grows. And when that happens, relationships can become less about idealization and conflict — and more about mutual growth, true love, and understanding. A personal consultation can reveal how these same dynamics are operating in your own birth chart.

## The Archetypes of the 7th House

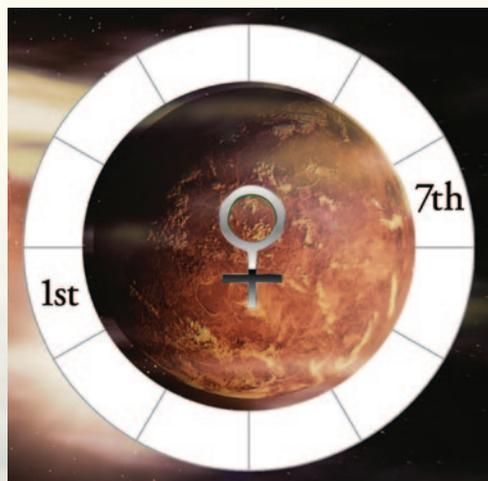
Different planets associated with the 7th house describe different archetypal patterns that may appear in relationship.

For example:

- *Venus often reflects themes of love, beauty, and the longing for harmony.*
- *Mars can symbolize passion, conflict, courage, and the need for authentic expression.*
- *Saturn frequently introduces lessons of time for emotional maturity, commitment, and responsibility.*
- *Pluto may bring intense transformation, power struggles, and the need for deep psychological change.*

Each planetary energy represents a part of the psyche seeking expression and recognition. When we meet someone who strongly embodies one of the archetypes we are denying, the experience can feel compelling — sometimes even fated. But the deeper purpose remains the same: to bring *unconscious aspects of ourselves into awareness*. It is our responsibility to live these qualities consciously, rather than polarizing them through a partner.





## KNOW THYSELF

The 1st house represents the conscious identity — the self we know ourselves to be.

The 7th house reflects the qualities we encounter through others.

Together they form an axis through which the psyche becomes more conscious of itself.

### Conscious Relationship

The moment we begin to understand projection, something remarkable happens. Instead of asking,

*“Why is this person doing this to me?” or “Why did they do this to me?”*

We begin asking,

*“What part of myself is or was seeking recognition through this experience?”*

This shift transforms relationship from a place of unconscious repetition into a path of conscious development. Two people who are willing to explore these dynamics together can create a partnership that becomes a laboratory for self-knowledge. In such relationships, conflict becomes an invitation to deeper understanding, and attraction becomes a doorway into the mysteries of the psyche.

## Fascination Is Not Love

Many people describe the beginning of a powerful relationship as a kind of enchantment. The other person appears extraordinary — magnetic, mysterious, almost. The experience can feel overwhelming, as if something larger than ordinary attraction is at work beneath the compulsion we feel. Carl Jung described this phenomenon as fascination — a compelling force that seems to take hold of us.

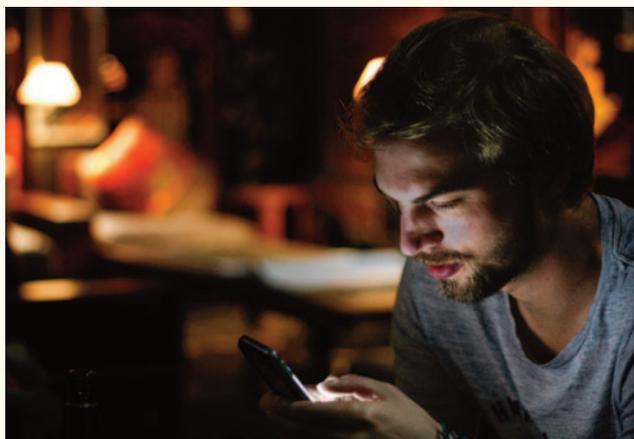
You cannot stop thinking about the other person. You check your phone repeatedly, hoping to see their name appear. If they have not responded, you feel a strange mixture of anticipation and anxiety. They are the last thought before you fall asleep and the first thought when you wake in the morning. Your mind circles back to them throughout the day. Every message from them feels significant. Every silence invites the imagination to create both positive and negative possibilities that seem to matter enormously in that moment.

This state of intensity can feel intoxicating, even magical. Many people interpret it as the unmistakable sign that they have met “*the one*.” Yet from the perspective of Jungian depth psychology, something much deeper is occurring.

### If that wasn't love... what was it?

What we experience as fascination often signals the activation of unconscious material. This is projection, not as a theory, but as a lived and often overwhelming reality. These are not small emotional events. They are initiations. They dismantle who we thought we were, expose longings we did not know we had, and bring us into contact with parts of ourselves that have been buried, denied, or disowned, sometimes for an entire lifetime.

Yet fascination is not the same as love. Fascination belongs to the realm of projection. It draws two people together through archetypal forces that neither fully understands. This is where astrology becomes particularly valuable. The birth chart — especially the 7th house — reveals the archetypal patterns through which these encounters will unfold. In this sense, the relationship becomes a mirror of the psyche. Through the encounter with another person we begin to recognize both the gifts and also the shadow sides of ourselves.





## Your Chart, Your Mirror

Your birth chart contains a unique map of the archetypal energies that shape your experience of relationship.

By examining the 7th house, the position of Venus, and key planetary aspects, we can begin to understand:

- *the qualities you are most likely to encounter in partnership*
- *the archetypal dynamics that create fascination as well as conflict*
- *the deeper psychological themes relationships are inviting you to explore*
- *the invisible polarities within the psyche that relationship helps bring into balance so we can eventually learn to share them*

Astrology does not remove mystery from love — but it can illuminate the hidden patterns guiding it. And when those patterns become conscious, relationship itself can become a pathway into a more conscious experience of the ego-Self axis and the union of opposites the alchemists called “*coniunctio*,” or sacred marriage.

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*“A fascination of this kind is never exercised exclusively by one person upon another; it is always a phenomenon of relationship, which requires two people in so far as the person fascinated necessarily has a corresponding disposition. But the disposition must be unconscious, or no fascination will take place. Fascination is a compulsive phenomenon in the sense that it lacks a conscious motive; it is not a voluntary process, but something that rises up from the unconscious and forcibly obtrudes itself upon the conscious mind.”*

— Carl G. Jung

CW 7: *Two Essays on Analytical Psychology*, Par. 136

## Invitation

If you are curious about the deeper patterns shaping your relationships, I invite you to explore your chart through a 7th House Consultation. My work combines astrology with Jungian depth psychology to help individuals and couples understand the unconscious dynamics that shape their relationships.

**In our work together we:**

- *Examine your 7th House and Venus*
- *Identify projection patterns*
- *Clarify unconscious dynamics*
- *Translate insight into practical next steps*

This is structured psychological work grounded in your specific astrology (date, time, and place) — not guesswork. You begin to recognize projection in real time. You see where you are reacting from old material rather than present reality.

You understand why a certain type of person feels irresistible — or intolerable. You stop trying to fix the “*Other*” and begin integrating what you had placed outside yourself. This is shadow work.

Sometimes the psyche awakens through powerful and unexpected encounters — even those that disrupt an existing relationship. Understanding the projected content as it relates to the 7th house planets or even the current transits active at the time can help reveal the deeper psychological purpose behind the experience and guide the process toward greater consciousness rather than shame.



## My Work is Structured in Three Areas

**Individual and Couples Consultations, a Six-Week Self-Paced Online Webinar, and Ongoing Shadow Work Coaching in 1, 4, and 6 Week Commitments.** Visit [shadowdance.com](http://shadowdance.com) to explore each offering and discover what may be right for you — *individually or with a partner.*

To schedule an appointment  
**call Rebeca at 281-799-2900**

Rebeca Eigen is an astrologer, workshop leader, and shadow work coach with over 25 years of experience helping people transform repeating relationship patterns into the gift of self-awareness. She is the author of *When the Other is You, Love Beyond Projection* and *The Shadow Dance & the Astrological 7th House Workbook*. Rebeca blends Jungian psychological insight with practical tools for creating conscious, soul-centered relationships.

