



DANCE

& the

Astrological  
7th House

(Marriage, Partnership and Open Enemies;  
*i.e., the Shadow in us all*)

## Our Shadow Dance Partners Handout 1

REBECA EIGEN

*Relationship Alchemist &  
Astrologer Specializing in the 7th House*

281-799-2900

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# SHADOW

Hidden or unconscious aspects of oneself, both good and bad, which the ego has either repressed or never realized. Rejected aspects of ourselves and also undeveloped potential.

The psychological rule says that when an inner situation is not made conscious, it happens outside as fate. That is to say, when the individual remains undivided and does not become conscious of his inner opposite, the world must perform act out the conflict and be torn into opposing halves.

— Dr. Carl G. Jung, *AION*, pg 126, pg 71



Pattern of our psyche from the inside/out  
75% of our being is unconscious

The Shadow is a moral problem that challenges the whole ego-personality, for no one can become conscious of the shadow without considerable moral effort. To become conscious of it involves recognizing the dark aspects of the personality as present and real. This act is the essential condition for any kind of self-knowledge, and it therefore, as a rule, meets with considerable resistance. Indeed, self-knowledge as a psychotherapeutic measure frequently requires much painstaking work extending over a long period of time.

— Dr. Carl Jung, *Psychology & Religion*, pg 83

I looked and looked and this I came to see — that what I thought was you and you was really me and me.

— *Unknown*

Like Beauty embracing the Beast, our beauty is deepened as our beastliness is honored. The poet Rainer Maria Rilke realized this when he said he feared that if his devil's left him, his angels would take flight as well.

— excerpt from *Meeting the Shadow* edited by *Connie Zwiig Ph.D. and Jeremiah Abrahms*

Denial is pushing something out of your awareness. Anything you hide in the basement has a way of burrowing under the house and showing up on the front lawn.

— *Howard Sasportas*

Not moral perfection but the promotion of the rejected complementary attitude is the basis of a religiously stable personality.

— *Liliane Frey-Rohn, Ph.D.*

To live without the creative potential of our own destructiveness is to be a cardboard angel.

— *Sheldon B. Kopp*

All in one and one in all.

— Buddhist proverb

The most common form of despair is not being who you are.

— *Kierkegaard*

# Jung's Theory of Opposites

Jung says the opposites are a paradox of life.

Black	White
Dark	Light
Hot	Cold
Female	Male
Night	Day
Altruistic	Selfish
Love	Hate
Wet	Dry
Up	Down
Left	Right
More	Less
Give	Take
Reject	Attract
Do	Be
Play	Work
Giving	Receiving
Rich	Poor
Helplessness	Strength
Fear/Cautious	Trust
Courage	Weak
Guilt	Self-love
Pessimistic	Optimistic
Lies	Truth
Ethical	Unethical
Holding on	Letting go
Moving	Being still
Random, chance	Deliberate
Grow, change	Stagnant, stuck
Belief	Disbelief
Happy/Cheerful	Sad/Depressed
Kind	Mean
Genuine	False
Hostile	Loving
Stop	Go
Push	Pull
Move	Wait
Aggressive	Passive
Lazy	Hardworking

Add  
some  
more

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# MORE OPPOSITES

Characteristics that would balance us out if used with temperance

<b>CHARACTERISTICS</b>	<b>OPPOSITES</b>	<b>HOW CAN THAT HELP ME OR HURT ME</b>
critical	more accepting	less perfection, allow chaos to reign sometimes, go with the flow
on time, punctual	tardy	not be in such a hurry, get more done before you leave
assertive, direct	passive-aggressive	pushiness is off-putting, ask instead of bark, give other time to digest
anger	direct	know when to stand up for yourself, ask for what you want
responsible, duty	irresponsible	less nagging, controlling, delegate, world doesn't revolve around me and I don't have to take care of everyone, more choices
hard worker	lazy, no ambition	let go of compulsive workaholism, learn to relax, play, have fun
relax	more active	get going, get more done
optimistic	pessimistic	seeing through rose-colored glasses, learn to discriminate, too naive, discernment, having boundaries
cheerful, happy	sad, grumpy	being authentic, honest in the moment instead of wearing a mask/ persona - fake, too good to be true, think positively
creative, expanding	setting limits/choice	when creative, you rely on divergent thinking but there comes a time when you have to choose and concretize
forgiving	unforgiving	having boundaries, charitable of others mistakes, humble assessment
cautious	impulsive	taking risks from time-to-time, letting go of fear, slow down
close-minded	open-minded	letting in too much information without seeing what's real, discernment
courteous	rude	giving honest feedback when necessary, for instance sending back a cold meal
confident, arrogant	self-conscious, humble	keeping humility in proportion, fearful, and/or allow yourself to toot your own horn too
dependable	undependable	recognizing things change sometimes that cannot be helped, flexible instead of rigidity, controlling
forthright, honest	secretive, dishonest	keeping things to ourselves when necessary
friendly	unfriendly	having boundaries, not letting everyone in, distancing oneself, isolating
generous	cheap	frugal, ability to save, tighter with money instead of overgive and strap yourself
giving, helpful	holding back	attracting victims to save so you can feel powerful, disempowering and enabling others, eventually I will resent you if there is no reciprocity
selfishness	self-care	you have to look at when it's appropriate for you to be selfish to protect yourself
idealistic	cynical	realistic, seeing the big picture before leaping, caution, practical
independent	dependent	allowing others to help, give to you, asking for your needs to be met
industrious	lazy	learning to relax and play, chill, smell the roses
intelligent	ignorant, stupid	always more to learn and integrate
kind	cruel	doormat, allows people to take advantage, having boundaries, saying no when appropriate
leader	follower	let others lead, get the tickets and invite you for a change
lenient	too strict	let things get out of control
innocent	manipulative/ calculating	naive, attracting wolves, thieves, liars and cheats - Jesus said I sent you out as sheep in the midst of wolves, so be wise as serpents and innocent as doves - deception, deceit, duplicity, under-handedness, double-dealing, tricker

# *Self Love is Loving All of Me*

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Name

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*I am a man: I count nothing human foreign to me.*

– **TERENCE, CIRCA 190-159 BC**

*Whatever one does not live, lives against one.*

– **CARL GUSTAV JUNG**

*I looked and looked and this I came to see, that what I thought  
was you and you, was really me and me.*

– **UNKNOWN**

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### **EDGAR CAYCE PAST LIFE REPORT**

**\$10.00** email PDF

— This analysis of the birth chart is based on Ry Redd's study of the Edgar Cayce readings. The language of this report is in the Cayce tradition: very esoteric and inspiring. *Specify birth date, time and place.*



### **CONFLICT & COMPATIBILITY** **REPORT by Dorothy Oja**

**\$10.00** email PDF

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### **PAST LIFE REPORT** by Terri Rhodes **\$5.00** email PDF

— This interpretation of the birth chart was developed by Canadian astrologer Terri Rhodes. The analysis focuses on the Moon's nodes and Saturn but includes interpretations of many other factors in the natal chart as well. The printout is short, about 5 to 6 pages long. *Specify birth date, time and place.*

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Your Astrology symbolized by your birth chart is a blue print of your psyche. The benefits of a consultation are to help you understand yourself and the complex relationships/situations in your life. You will learn that we are connected to the cosmos, that there is purpose and meaning and that who you came here to be is completely unique.

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*As you discover the potential gifts in Shadow work; i.e. the hidden or unconscious aspects of yourself, ALL relationships — intimate partners, friends, parents, siblings, co-workers and others are greatly improved.*

**TESTIMONIALS**

*"Rebeca's wisdom and insight will surprise you! She knew me better in 5 minutes than a year in Jungian analysis. Don't walk ... RUN to work with her! She is a real treasure!"*

— Barbara B., Dallas, TX

*"Talk about instant gratification! I wish I had found Rebeca earlier in my quest for self knowledge! The aspects of my personality and life that she illuminated for me clicked so quickly and I felt as if I was being handed the keys to my personal success!"*

— Sheila S. K., Houston, TX

*"I just had to take a moment to thank you. The chart reading that you did for me and studying about my Shadow and projections has made such a positive impact on my life. It's like I have turned on a switch. I'm going to continue the process using the Workbook. Bless you!"*

— Layla R., Bossier City, LA

*"Rebeca's reading was spot on and very insightful! What I appreciated was that it wasn't simply an astrological reading — Rebeca added wisdom to the information she shared that helped me navigate a challenging time in my life."*

—Louise G., Australia

*"Thanks for being blunt Rebeca. Very enlightening. You have given me a better perspective for opening up myself!"*

— Leticia R., Laredo, TX

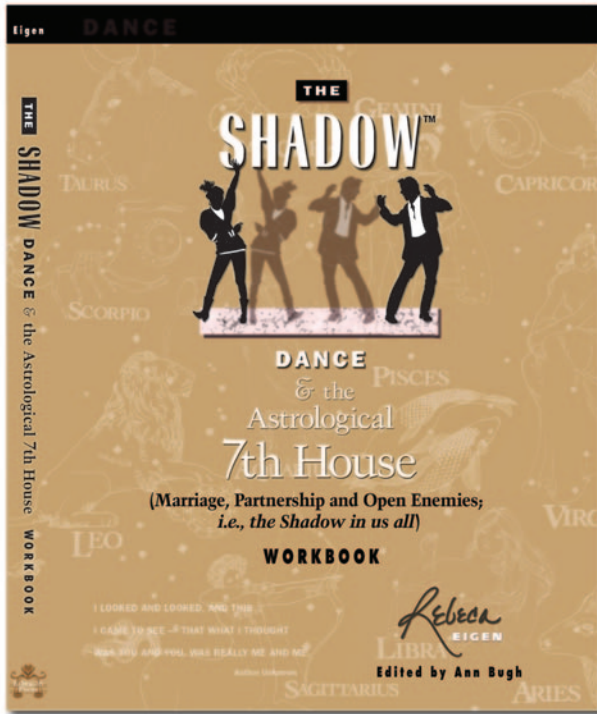
*"Amazingly helpful reading!!!"*

*Thank you Rebeca for your very insightful reading. At 62 years old I found myself at a turning point in my life. I was at the beginning of a new relationship which appeared to me, to be a forever love. After 3 failed marriages, I was understandably nervous about trusting my feelings. Your relationship reading validated everything. We are so happy and so in love.*

*Rebeca has many years of experience and study behind her when it comes to relationship astrology. She's not guessing in the dark. She understands what she is talking about. Everything she said was spot on. Very helpful in understanding my new relationship. Best reading I've ever gotten! My boyfriend enjoyed hearing it too!"*

— Gail B., Houston, TX

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# The Shadow Dance & the Astrological 7th House Workbook

\$24.95 + \$8 P&H

**The Workbook** is designed to help you do your own Shadow Work and to use your birth chart to see your 7th house requirements. The planets in, or ruling the 7th house, and in aspect to Venus, will give you details of what you are missing in yourself. Knowing their astrology, two people have detailed information to help them learn to cooperate and compromise (two key Libra words).



## IN THIS BOOK YOU WILL LEARN:

- The concept of the Shadow, a term coined by the eminent psychiatrist, Dr. Carl G. Jung, how it is formed and where it stems from.
- Repetitive patterns in relationships and why they occur. The term "projection" and what that means to each individual. This can be relationships with spouses, bosses, siblings, friends, anyone so all relationships.
- How to meet people halfway and discover your missing parts.
- Astrology. A synchronistic model = A tool for Self Awareness that can help you in all your relationships as you see the many characters that you inherently are. How all these parts need a place to be expressed in your life.
- How the Astrological 7th House, in particular can help you discover the parts of yourself that get projected whenever a "fascination" with a potential lover (or what drew two people together in the first place) occurs. Or a person you "hate" or "cannot stand" as both contain parts of our Shadow.
- Some essential ingredients for communication and how each person can contribute to improving the quality of their relationship by owning their own Shadow.
- Ultimately we will find out we are not victims, that all our relationships are purposeful and that the Universe brings to us exactly what we need to become conscious of our many "Selves" hidden in the unconscious part of us that Jung called our Shadow.

*Rebeca Eigen, Relationship Alchemist, Astrologer for 25+ years and a student of Jungian psychology, specializes in relationships. She uses the astrological birth chart to evoke the symbolic and help you become more aware of your total Self. Her study of the Shadow using astrological tools has given her an invaluable awareness of the unconscious and the role it plays in the relationships that we attract into our lives. We know from studying myth that Beauty eventually learned to love the Beast.*

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